

**Project Name:** *Integrated Nutrition and Health Project (INHP)*  
**Agreement Type:** *Field support (Cooperative Agreement)*  
**Duration:** *January 2007-December 2009*  
**Geographic Scope:** *AP, Chhattisgarh, Jharkhand, Madhya Pradesh, Orissa, Rajasthan, Uttar Pradesh and West Bengal*

**Technical Assistance Agencies:** *FANTA*  
**Implementing Agency:** *CARE/ India*

**DESCRIPTION:**

Began in 1997, the INHP has completed its second five-year phase of the ten year cycle in December 2006. With focus on child health and nutrition interventions, this project supports the Government of India's (GOI) Integrated Child Development Services (ICDS) scheme and the Reproductive and Child Health (RCH) program of the National Rural Health Mission (NRHM). Final evaluation of the second five-year phase of the INHP conducted in 2006 indicated that the program had significant impact in reduction of malnutrition in the project areas and helped improve various health and nutrition indicators.

The INHP is in a phase-out mode with three years of implementation period. Implemented with a two pronged approach of consolidation and phase-out and influencing ICDS and RCH systems, the project aims at (i) creating a legacy of responsive and capable systems that target and reach the most vulnerable women and children with critical food, nutrition and health services; (ii) strengthening and sustaining community empowerment processes to understand, demand, actively participate, and control the processes that ensure their right to food and nutrition; and (iii) influencing national policy and programming through tailored replication of proven community and system level processes to ensure impact outside CARE areas.

The INHP is implemented in 711 blocks of 75 districts from eight states and is also supporting Andhra Pradesh and Chhattisgarh state governments in replication of the INHP good practices through a standardization process in 21 non-CARE supported districts.

**KEY ACTIVITIES:**

- Providing technical, managerial and operational support to the ICDS program;
- Strengthening and engaging the communities for ensuring system's accountability;
- Working towards replication of best practices through a standardization process;
- Advocacy efforts for influencing GOI's flagship programs ( ICDS and NRHM)
- Supporting universalization of ICDS with quality by building capacities of new service providers including Anganwadi Workers
- Addressing exclusion through targeted interventions and catchment area approach
- Updating data through timely monitoring and evaluation

**KEY ACHIEVEMENTS (FY 2007):**

- During FY 2007, 128,140 government, community and NGO staff members were provided need based training on health and nutrition interventions to better manage their programs;
- Played a catalytic role in many states and facilitated preparation of micro plans and monitored the outreach sessions to help in mainstreaming nutrition and health days,
- Trained many community volunteers identified under various government programs that thus helped them in early birth registrations, home contacts, and covering and mainstreaming excluded populations.
- Developed networks and alliances with civil society organizations, quasi judicial bodies, academic and professional training institutions, various consortiums etc. to jointly work on combating malnutrition
- Facilitated replication of INHP good practices in 275 new blocks within the 75 districts and another 260 blocks from 21 new districts in the Andhra Pradesh and Chhattisgarh.
- Phased-out of CARE's direct support to 341 blocks those met the graduation criteria.

**CONTACT INFORMATION:**

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