

Integrated Reproductive and Child Health and PMTCT Services

Pre-conception	Antenatal Care	Intrapartum Care	Postnatal/ Newborn Care	Child Care
For All Perinatal Women, Newborns, & Children				
<ul style="list-style-type: none"> •Counseling on prevention of HIV & STI (safer sex, partner involvement) •VCT and disclosure to partner •Family planning 	<ul style="list-style-type: none"> •STI, including syphilis detection and treatment •Intermittent preventive treatment for malaria & insecticide treated nets •Tetanus toxoid •Micronutrients •Deworming •Testing and counseling for HIV (opt out) and disclosure to partner •Counseling on: <ul style="list-style-type: none"> ➢ Infant feeding ➢ Birth preparedness ➢ Nutrition ➢ Breast care ➢ Family planning ➢ Prevention of HIV & STI (safer sex, partner involvement) 	<p>Woman:</p> <ul style="list-style-type: none"> •Clean delivery (including prophylaxis and treatment for infection, e.g., chlorhexidine, antibiotic) •Minimize invasive procedures (artificial rupture of membrane, episiotomy) •Active management of the third stage of labor •Partograph •Emergency obstetric care •Universal precaution •Counseling & testing for HIV (if not done earlier) <p>Newborn:</p> <ul style="list-style-type: none"> •Resuscitation if necessary and minimize invasive suctioning •Prevention/management of newborn hypothermia/kangaroo care if LBW •Appropriate infant feeding •Prophylactic eye care 	<p>Woman:</p> <ul style="list-style-type: none"> •Identify/treat puerperal infections •Vitamin A •Counseling on: <ul style="list-style-type: none"> ➢ Self-care (breast care, clean perineum, maternal nutrition) ➢ Family planning/birth spacing and provide method <p>Newborn:</p> <ul style="list-style-type: none"> •Special care of LBW baby (warmth, prevent infections) •Detect/treat infections •Immunization •Growth monitoring •Counseling on basic newborn care (clean cord care, warmth, infant feeding, insecticide treated nets) 	<ul style="list-style-type: none"> •Growth monitoring •Immunization •Detect/treat infections •Insecticide treated nets •Testing for HIV for symptomatic children •Counseling on: <ul style="list-style-type: none"> ➢ Infant and child feeding ➢ Hygiene •Link with IMCI
For HIV Infected Peripartum Women, Exposed Newborns, & Infected Children				
<p>Woman: ARV prophylaxis, disease staging and ARV treatment for woman and partner when indicated, psycho-social support</p> <p>Exposed newborn: ARV prophylaxis, early diagnosis, cotrimoxazole prophylaxis to prevent PCP</p> <p>Infected child: Cotrimoxazole prophylaxis to prevent infections, disease staging, ARV treatment when indicated</p>				